

Lunch at the Pub - that's a good idea!

The Pub Lunch Club project has launched more than thirty venues across the county and the results of a survey of members show exceptional levels of satisfaction and improvement in wellbeing. The Clubs are being set up by Community Impact Bucks with the support of the County Council.

The pub lunch clubs are seen as a way of helping people maintain a level of social contact in rural areas. Our survey shows that around 30% of those attending have become involved in some other activity as a direct result of going to the pub lunch club and 70% have met someone in their own village that they'd never met before.

The project is aimed at the more mature members of communities and especially those who are becoming socially isolated. The project also helps village pubs which provide a great atmosphere for the lunches at which a two course meal (main and pudding) is offered for £7.00 - £8.00.



All organised for you by Community Impact Bucks



Project Coordinator Llew Monger does all of the initial work by finding a suitable venue and negotiating a lunch deal. Stage two is to gain the support of the parish council and /or local interest groups to help find someone in the community who will act as the local coordinator. Often this is someone who is already active in the community and likely to want to develop the project. The time commitment is limited to little more than a couple of hours per month - including lunch!

Once we have a local coordinator the first lunch is promoted through Parish Magazines or a leaflet drop. On-going support is provided by Community Impact Bucks to those involved.

A PUB LUNCH CLUB IN *YOUR* COMMUNITY?



If you'd like to know more about starting
a Pub Lunch Club in your community
call Llew Monger on
07808 096513



or email llew@communityimpactbucks.org.uk